

Grammar

1		omplete the text with the the the verbs in brackets.	e correct future forms		
	Н	i Brian,			
	Αl	bout Sandy's surprise p	arty at the weekend. It		
	1_		(be) great if you can		
	pi	ck us up from the statio	on on Saturday evening		
	Tł	ne train 2	(get) in at		
	6.	35 on the London side	so I think it		
	3_		(be) easier if you meet		
	us	s outside the south entr	ance. We		
	4_		(wait) by the ticket		
		achine. We 5			
		ave) a chance to change			
		rrive so 6			
		nange at your place? I ki			
		andwiches and I hope th			
		5			
		efore 7.30. 9	•		
		ring) the champagne? It			
		ening and Sandy has n			
			$_{-}$ (see) you at the		
		ation!			
		cky			
	M	lark /12			
2	ap	Report these statements using the most appropriate introductory verb and making other necessary changes.			
	1	'I'll definitely be there	by 1.30,' said Mark.		
	2	'Don't say anything to trouble,' said Fred.	Brad or we're in big		

	3	'Do you fancy a coffee after work?' said Tina.	
	4	'It was you who told Dad about me losing all that money, wasn't it?' said Dave.	
	5	'You must try the new restaurant in Market Street. It's excellent,' said Rose.	
	Mark /5		
V	00	abulary	
3	Cl	hoose the correct answers.	
	1	I've my heart on moving to Scotland within a year or two.	
		A put B made C set	
	2	Nothing much is going to change in the future.	
		A predicted B foreseeable C next	
	3	This time tomorrow I'll be in a better to advise you.	
		A position B place C opportunity	
	4	Teenagers often rebel authority.	
		A in front of B at C against	
	5	What do you will happen when the boss returns?	
		A project B forecast C anticipate	
	6	My grandfather is suspicious anyone who knocks at his door.	
		A of B at C by	
	7	I spend ages on my assignments and I never get above a B for them.	
	M	A even B yet C so	



Replace the words in bold with more forms ones.						
	1	Did you get permission from the neighbours to park outside their house?				
	2	It is with deep regret that we have to tell you that your uncle has passed away.				
	3	Should you decide to buy the new model, it comes with a two-year guarantee.				
	4	Bring up the menu and choose the function you need .				
	Μ	ark /6				
istening						
5	M	5.06 Listen to a radio phone-in programme. atch the callers and the occupations. Then atch the reasons for their sleep problems.				
	_	obs: businessman student actor adio presenter supermarket worker				
	i	Reasons: socialising work patterns nconsistency fear unreliability of something else				
	Cá	aller 1				

Reading

6 Read the text. Complete the text with sentences A–F. There is one sentence you do not need.

The Bakersfield **Sleep Clinic**

The Bakersfield Sleep Clinic is a research and treatment centre for problems associated with sleeping and its reputation puts it at the very top of its field. [1_____] Or would you like to take part in some cutting-edge research into the causes of and treatments for these problems? Read further to learn about some of the sleep disorders we investigate here at the clinic.

Sleep apnoea

This is a potentially life-threatening condition where the muscles at the back of the sleeper's throat relax so much that the airway becomes blocked and the sleeper stops breathing for up to 25 seconds. [2____] In severe cases this can happen up to 350 times a night! Obviously this condition causes extreme fatigue in sufferers and is also linked to heart problems. Sometimes, behavioural changes such as losing weight or cutting down on alcohol can help, but often specific treatment is required.

Snoring

Snoring is the subject of many jokes and considered a trivial problem by many, but for a lot of people it is a very big problem and it can affect people's lives and relationships in several ways. The reason for snoring is similar to that of sleep apnoea. When the muscles at the back of the throat relax, the soft tissue obstructs the entrance to the throat and as air tries to pass through, the tissue vibrates and produces the snoring sound. Once again, behavioural changes may help the snorer. People are asked to lose weight, avoid excessive alcohol or heavy meals before bedtime and to sleep on their sides. All these things can help the problem. [3_____] Here at the clinic we are investigating other ways to help sufferers.

Restless leg syndrome

This condition affects about 5.6% of the UK population. It is a strange condition where the

2

Caller 2

Caller 3

Caller 4

Caller 5

Mark /10



sufferer experiences odd sensations in the lower limbs. These sensations require the sleeper to move their legs to find relief and therefore constantly interrupt sleep. [4______] Again, there are some simple solutions that can alleviate the symptoms such as massage, warm baths and so on, but more research needs to be done into the problem to find a real answer.

[5______] Click on to Contacts and you'll find phone numbers and e-mail addresses.

- A Little is known about the problem, but it is thought to be genetic.
- **B** This forces the sleeper to wake.
- **C** This can cause problems socially and at work.
- **D** If you suffer from any of these sleep disorders and need our advice or are willing to participate in research, please contact us.
- **E** However, there are some cases which do not respond to changes like these.
- F Do you have a severe sleep problem?



Writing

7 Write a story for a magazine competition ending with the words '...I was left alone, staring at the red lights of the car as it disappeared into the night.' Use the writing guide to help you. Write 200–250 words.

Paragraph 1: Set the scene.

Paragraphs 2 and 3: Describe what happened, how you felt, and what the atmosphere was like.

Paragraph 4: Bring the story to a conclusion.

Mark /10

Total /60